

PIN CODE: **REF. NO:**

EXTRAORDINARY GENERAL MEETING 2009

in Marine Harvest ASA will be held 6 November 2009, at 2:30 p.m.
at Shippingklubben, Haakon VII's gate 1, 0161 Oslo

The company will be represented by: _____
Name of person representing the company. To grant proxy, use the proxy form below.

Attendance form

Must be received by DnB NOR Bank ASA on 4 November 2009 at 16:00 noon at the latest.
Postal address: DnB NOR Bank ASA, Verdipapirservice, N-0021 Oslo, Norway, alternatively on
telefax +47 22 48 11 71. Registration may also be made via the company's homepage: <http://www.marineharvest.no>

The undersigned will attend Marine Harvest ASA's Extraordinary General Meeting on 6 November 2009

_____ own shares.
_____ other shares in accordance with enclosed Power of Attorney.

A total of _____ shares.

_____ x)
Place/Date Shareholder's signature x) (To be signed only when reporting own attendance. To grant proxy use the form below)

Power of attorney

REF. NO:

If you can not personally attend the Extraordinary General Meeting, you may appoint a proxy to use this power of attorney, or you can return a blank power of attorney. In this case, the company will appoint the Chairman of the Board of Directors or a person designated by him to attend and represent him as your proxy before the Extraordinary General Meeting takes place. The power of attorney may instruct the proxy on how to vote on each specific matter. In case the content of the power of attorney is ambiguous, the proxy will base his/her understanding on a reasonable understanding of the wording of the power of attorney. Where no such reasonable understanding can be found, the proxy may in his/her discretion refrain from voting.

DnB NOR Bank ASA must receive this power of attorney on 4 November 2009 at 16:00 noon at the latest.
Postal address: DnB NOR Bank ASA, Verdipapirservice, N-0021 Oslo, Norway, alternatively on telefax +47 22 48 11 71. Web-based registration may also be registered on the Companies homepage

The undersigned hereby appoints The Chairman of the Board of Directors Svein Aaser

or _____
(The name of your proxy in block letters) as my proxy with the authority to attend and vote for my/our shares at Marine Harvest ASA's Extraordinary General Meeting on 6 November 2009

_____ Place/Date Shareholder's signature (Only for granting proxy)

With regard to rights of attendance and voting we refer you to The Norwegian Public Limited Companies Act, in particular Chapter 5. A written power of attorney dated and signed by the beneficial owner giving such proxy must be presented at the meeting.